



Ray Harvey phone account of lead detox with Vit D & colostrum on vegan diet

Contemporaneous notes by Elizabeth O'Brien (ELO) of The LEAD Group, of a February 2019 phone conversation with Ray Harvey (RH)

RH: I was diagnosed with lead poisoning at 5-6 yrs old from sucking my lead soldiers then worked in automotive spray-painting for 10 yrs then at Roseberry lead mine & Savage River & Tulla, Tasmania lead mine. I was diagnosed with multiple sclerosis but two MRIs I had to pay for myself say I don't have MS and from a mate who is 90+ his son has MS & I don't have his symptoms.

I'm functional now. In my teens I had an IQ test which showed 135 at Ultimo Technical College in Sydney but I've always had poor memory.

My ability to multi-task and my knowledge has decreased. I'm 72 now, 73 in a couple of months. I stopped sucking on the lead soldiers when I was 5 or 6 but I was living at Mortlake near the gasworks which burned coal and put the gas in large tanks which supplied the whole of Sydney with cooking and water heating gas. I lived there until I was 22. I was the dux of my class at age 7 and bottom of the class at 8.

People raised there didn't smell the gas but everyone who visited the suburb could smell it and said it was putrid.

I follow God's vegan diet from Genesis: seeds, vegetables, no wheat (because its genetically modified), no honey, no sugar etc. I was a very sweet tooth and had a lot of honey and sugar. I had 7-8 amalgam fillings and had them taken out some years ago.

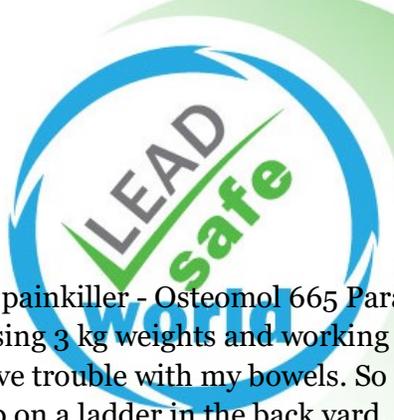
I got diagnosed with MS some 20 yrs ago but I was never given any medication for it until I demanded it 6 yrs ago but that damaged my kidneys and made them sore so I stopped and since I went on to the vegan diet I feel good. Now I feel like I'm in my 20s after taking a massive dose 10,000 units per day (one tablet) of Vitamin D, plus another thing I'll go and get (in my wheelchair) because I've forgotten the name of it.

Colostrum is a cow's milk product I've been taking for the past 4 wks. Both medications were from America off the internet.

I'm having trouble with my legs, with walking.

ELO: do you have footdrop?

RH: not that I know of. The dr recently diagnosed me with arthritis, not rheumatoid arthritis.



He put me on a painkiller - Osteomol 665 Paracetamol - I took 3 doses and I'm feeling a lot less pain. I'm using 3 kg weights and working on the stomach area because being in the wheelchair I have trouble with my bowels. So I do mild exercise 1-2 hrs a day, including lifting myself up on a ladder in the back yard. When I was working, I'd lift a whole car engine up and put it in the car - that's how fit I was.

ELO: have you ever had a blood lead test? You must have had it at the mines.

RH: I never had it at the mine but I asked for one recently and it was 0.10.

ELO: what unit was that?

RH: I don't know. The mines in Tasmania never had blood lead testing but workers there were diagnosed with multiple sclerosis. I had a 2nd IQ test done a few years ago but they couldn't finish it off because I am dyslexic. I always had trouble reading and everything although I could retain facts like the first car (a steam car) was made in 1770. I'm very knowledgeable about the Bible, the stars and the planets but I can no longer speak fluently. I keep forgetting things. The Bible is the greatest psychology book. Freud had cancer and committed suicide so I don't regard him as sane. My attitude is there's always tomorrow and I will always fight another day.

Food is the greatest thing to clean the body out. Look up Professor Walter Veith on the internet. I do a Ministry. I don't belong to a church but I do www.amazingdiscoveries.tv - <https://amazingdiscoveries.tv/media/2540/3002-food-for-thought/> - he was the one that found out about the carcinogenic enzymes that are in milk. Holland has the highest rate of milk-drinking and osteoporosis in the world and countries that don't have milk have the lowest rates of osteoporosis. He also says there's carcinogenic enzymes in meat, especially in pork - that's why the Bible says not to eat pork. The Bible says you can eat meat if you let the blood run out of it and use herbs and spices to overcome the two enzymes.

Some people in Africa found a baby lion cub and raised it on milk but when they went to feed it meat it wouldn't eat it so they fed it grass.

Walter Veith says the lion's back teeth are for grinding.

Through having the MRI I found out I had a heart attack (which I had put down to gastric reflux) and didn't know it.

I've been taking Vit C tablets. A friend of mine knew someone who had lead poisoning and he was given a high oral dose of Vit C & he got rid of the lead out of his system.

My friend John was an orthopaedic specialist until he came to Australia and is now my naturopath.

The guy at the health food store and his 85 yr old father were both diagnosed with multiple sclerosis and they took Colostrum and I've been on it for about a month. I feel fantastic. I



found 30 years ago that vibration is good for pain. I pushed my leg onto a vibration machine that you are meant to stand on and it helped my arthritis. If you phone me 0754636244 - give me extra time to get to the phone. I live in Rathdowney QLD 4287.

I've been in the wheelchair off and on for about 8-9 years. I'm currently concentrating on using the walker.

I had fantastic balance and came second in marathon ice-skating which I did at Homebush Rink which is now closed.

I can't wear my Akubra because it gets too hot to wear it. I'm on blood pressure tablets which brings it down to normal. I live on my own in a granny flat and I can't prepare my food on my own so I make a salad with vegies I buy pre-washed and put it with tomatoes.

I rang Mount Isa Hospital who put me on to the Qld Health Department's government office in town who put me on to your 1800626086 number.

Diabetes is in my family - my grandfather had it. My high blood pressure was noticed 5-6 years ago when I was in hospital and I've been taking the blood pressure tablets ever since.
